

Diabetes in the First Decade

With the first 10 years of the 2000s almost out, diabetes is on the rise

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Fuelled by an aging population, obesity and sedentary lifestyles, here's how diabetes stacked up in Canada at mid-decade (2005/2006). The situation looks even worse for 2010 and beyond. With Diabetes Awareness Month in November, check out this snapshot of how Canada is faring.

1.9 MILLION Number of Canadians diagnosed with diabetes in 2005/2006 — about one in 17

200,000 Number of new cases of diabetes diagnosed

22% Increase in prevalence of diagnosed diabetes between 2001/2002 and 2005/2006

5.5% Proportion of girls and women diagnosed with diabetes

6.2% Proportion of boys and men diagnosed with diabetes

2.3% Proportion of individuals ages 35 to 39 diagnosed with diabetes

22% Proportion of Canadians ages 75 to 79 diagnosed with diabetes — more than one in five

6-FOLD Compared with that of the general population, death rates of individuals ages 20 to 39 with diabetes

9 Number of years' reduction in life expectancy in women and men in the 25-to-39 age group with diagnosed diabetes

3- TO 5-FOLD Prevalence of diabetes in Aboriginal people versus non-aboriginal people

4- TO 6-FOLD Length of stay in hospital for adults ages 20 to 54 with diagnosed diabetes compared with adults without diabetes

3-FOLD Rate that individuals with diabetes are hospitalized for cardiovascular disease compared with that of people without diabetes

3 MILLION Projected number of Canadians living with diagnosed or undiagnosed diabetes in 2010

— *Public Health Agency of Canada (with data from the National Diabetes Surveillance System), Canadian Diabetes Association*

